

# InSight

**THIS KIND DOES NOT  
GO OUT EXCEPT BY PRAYER  
AND FASTING - PART II**



**DELIVERANCE PRAYER  
MINISTRIES**

## COMMITTED

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans 8: 38-39

## INSPIRED

Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.

2 Timothy 2:15

## VISIONARY

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Isaiah 40:31

## DISCIPLINED

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

Hebrews 12:14

Behold, I have put My words in your mouth. See, I have this day set you over the nations and over the kingdoms, to root out and to pull down, to destroy and to throw down, to build and to plant.

Jeremiah 1: 9-10

## FEED MY FLOCK (John 21: 15-19)

**We are committed to GOD's instructions that brought this program to live.**

### EVENTS

**Among other program of events in progress include:**

- Newsletter - To stay connected and informed.
- Deep Spirituality - To develop a dynamic and transformative walk with GOD through podcasts, devotionals, Youtube channel, and spotify.
- Publication of our flyers to be broadcasted on major Social Media platforms.

## OCTOBER 2023 NEWSLETTER

### What's Happening?

**We are excited to announce that Deliverance Prayer Ministry has launched a NEW website at [deliveranceprayerministry.org](http://deliveranceprayerministry.org)! Some of the great NEW features include:**

- Prayer live stream.
- Prayer request platform.
- Inspiring resource center.
- Opportunity to contribute to our giving fundings.
- It's safe and secure.
- You can connect or share with us.

### Prayer Live Stream

#### Join Us Live

**Wednesday:** 9:00 PM - 9:30 PM [EST] &

**Saturday:** 7:00 - 7:30 AM [EST]

**Zoom Meeting ID:** 912 467 2165

**Passcode:** MR3pHR

**Join by telephone:** (646) 558-8656

**Participant ID:** 433387

**Passcode:** 812679

#### Join using our website:

**[www.deliveranceprayerministry.org](http://www.deliveranceprayerministry.org)**

Prayer and fasting are the combination needed for "This Kind." The requirement: the faith needed, that calls for the affliction of our body in humility before GOD, as we determine a response from Him. Fasting is self-inflicted and it is expected from time-to-time in a Christian's life. "Consecrate a fast, call a sacred assembly; Gather the elders and all the inhabitants of the land into the house of the Lord your God, and cry out to the Lord." Joel 1: 14. Here, in this passage of The Bible, The LORD is calling for a fast to declare our sincere dedication and devotion to Him, demonstrating our resolve to do His will. It is also a way of turning to The LORD, to be reconciled unto Him. He says, "Now, therefore," says the Lord, "Turn to Me with all your heart, With fasting, with weeping, and with mourning." Joel 2: 12.

If you are tired of the oppressing circumstances and seeking a change, it is time to fast and pray. When you're resolute, tired of your situation, and can no longer condole it, saying to the enemy; enough is enough, it is time to pray and fast. It's time to fast when pending judgment is about to fall. The Scripture says of the Ninevites in Jonah 3: 5; "So the people of Nineveh believed God, proclaimed a fast, and put on sackcloth, from the greatest to the least of them." As a result of their fasting, their lives were spared. Also, when we need direction and are determined to hear from The LORD, we should fast. When all seems to be going well or the way we desire things to be, we should also fast as part of our ministry, worship, and service to GOD. However, when we fast, JESUS teaches that we should not make a big production of it, seeking the praise of men. It is not meant to be an ego boost or a self-acclaimed righteousness. "Moreover, when you fast, do not be like the [a]hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. 17 But you, when you fast, anoint your head and wash your face, 18 so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you [b]openly." Matthew 6: 16-18.

Matthew 17: 21, says, "However, this kind does not go out except by prayer and fasting." (see also Mark 9: 29). The Biblical account that led to this citation: While JESUS was at the Mount of Transfiguration, accompanied by Peter, James, and John, a man brought his demon-possessed son to the rest of the Disciples, for them to drive out the demon causing severe epileptic seizures to the boy. The Disciples were unable to drive out the demon. When JESUS returned to the scene with the other three Disciples (Peter, James, and John), the father of the boy reported what had happened to Him. Hearing this, JESUS rebuked them harshly for their failure to drive out the demon. He then commanded the demon to come out of the boy and the boy was healed. At a later time, the Disciples came to Him privately, wanting to know why they could not drive out the demon. JESUS

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replied, saying, "This kind can come out by nothing but prayer [a]and fasting." Mark 9: 29.

Let us examine the sequence of event as it happened in Mark's narrative of the event (Mark 9: 14-29):

14 And when He came to the disciples, He saw a great multitude around them, and scribes disputing with them. 15 Immediately, when they saw Him, all the people were greatly amazed, and running to Him, greeted Him. 16 And He asked the scribes, "What are you discussing with them?" 17 Then one of the crowds answered and said, "Teacher, I brought You my son, who has a mute spirit. 18 And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So, I spoke to Your disciples, that they should cast it out, but they could not."

19 He answered him and said, "O faithless [a] generation, how long shall I be with you? How long shall I [b] bear with you? Bring him to Me." 20 Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. 21 So He asked his father, "How long has this been happening to him?"

And he said, "From childhood. 22 And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us."

23 Jesus said to him, "If [c] you can believe, all things are possible to him who believes."

24 Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" 25 When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, "Deaf and dumb spirit, I command you, come out of him and enter him no more!" 26 Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." 27 But Jesus took him by the hand and lifted him up, and he arose. 28 And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" 29 So He said to them, "This kind can come out by nothing but prayer [d]and fasting."

JESUS expected His Disciples to have succeeded in driving out the demon. From the tone of His rebuke, one could assume a sense of disappointment. Referring to them as, "O faithless generation." "How long shall I be with you?" "How long shall I bear with you?" Challenging their faith. Many have misinterpreted this to mean that the Disciple wouldn't have been able to drive out this kind of powerful demon. If that was the case, why would JESUS had rebuked them for their incompetency. In Luke chapter 9, JESUS had already given the Disciples power and authority to drive out all kind or category of demons and to cure diseases (Luke 9: 1). They had the practical experience in the demonstration of the power given to them. According to Luke 10: 17; "Then the [a]

seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." JESUS reaffirmed this in verse 19-20, saying, "Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you. 20 Nevertheless do not rejoice in this, that the spirits are subject to you, but [a] rather rejoice because your names are written in heaven."

In order to understand what JESUS actually meant, let's turn to the account of Matthew; Matthew chapter 17. When the Disciples came to Him privately, to ask Him why they could not drive out the demon. JESUS said to them, "Because of your [a] unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you." Matthew 17: 20. The Disciples failed not because the demon afflicting the boy was too powerful for them, rather, because of the level of their faith. They had little "mountain-moving" faith. If we have faith, nothing shall be impossible for us to accomplish in His Name. The Scripture says, "Therefore God also has highly exalted Him and given Him the name, which is above every name, 10 that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, 11 and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father." Philippians 2: 9-11.

This man was not sure if JESUS could heal his son. He said to JESUS, "But if you can do anything." Then JESUS challenged his faith. If he would believe in JESUS, JESUS would resolve the situation. "If [c] you can believe, all things are possible to him who believes." Mark 9: 23. JESUS called this particular demon a deaf and dumb spirit (Mark 9: 25). It robbed the boy of his speech, and causes him to have seizures, convulsions, rigidity, foaming at the mouth, and gnashing of the teeth. You can simply imagine how frightening or terrifying such a demonic manifestation would have been for the Disciples to apply their faith, especially in the absence of their Master. Nevertheless, The LORD's teaching here is that even a tiny mustard seed of faith is sufficient to move mountains such as this. The Scripture reports that the boy's father immediately cried out, saying, "Lord, I believe; help my unbelief!" Mark 9: 24. What an important confession and this also applies to all believers. Regardless of the nature of this crippling demonic spirit or whatever affliction we may be experiencing in our lives, The LORD is revealing unto us that intimacy with CHRIST and self-denial are the means by which He has assured that we may be delivered of it.

As JESUS explained to the crowd, the key was the faith of those involved. Therefore, it is evident that prayer rooted in faith in

JESUS CHRIST is effective. "The effective, [b]fervent prayer of a righteous man avails much." James 5: 16. According to John 14: 12-13, JESUS says, "Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father. 13 And whatever you ask in My name, that I will do, that the Father may be glorified in the Son." I John 5: 14-15, reads, "Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. 15 And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him." However, The Scripture teaches that without faith it is impossible to receive from GOD. "But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him." Hebrews 11: 6. Thus, The Bible teaches that, "Every good gift and every perfect gift is from above, and comes down from the father of lights, with whom there is no variation or shadow of turning." James 1: 17.

Abstaining from food by fasting brings GOD into clearer spiritual focus when we pray. We can see how GOD answered prayer when people fasted in The Bible. A good example is Ezra. He was assigned with the task of rebuilding the ruined temple in Jerusalem. He expressed a security concern and he decided to take it to The LORD, as supposed to going back to the king. "Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions. 22 For I was ashamed to request of the king an escort of soldiers and horsemen to help us against the enemy on the road, because we had spoken to the king, saying, "The hand of our God is upon all those for good who seek Him, but His power and His wrath are against all those who forsake Him." 23 So we fasted and entreated our God for this, and He answered our prayer." Ezra 8: 21-23. Without GOD's guidance, we are left to the mercy of our own best thinking or ability. Of course, that cannot take us far. GOD requires a complete dependence on His ability to meet our needs and desires. Therefore, He says, "Call to Me, and I will answer you, and show you great and [a] mighty things, which you do not know." Jeremiah 33: 3. Like JESUS taught His Disciples, Ezra sought GOD through prayer and fasting and so we should, at our moment of need or when we are faced with a challenge or decision in life.

As mentioned earlier in this text, fasting is the duty of every Christian. Just like every other discipline, fasting is about strengthening our relationship with GOD. Answered prayers are thereby product of a good relationship with GOD, and right alignment to His will. By submitting yourself in fasting and prayer, you also submit your own will to His. Keep seeking GOD with all your heart, both in prayer and fasting, as you grow closer in relationship with Him, and you will never be disappointed. He gives power to the weak, and to

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those who have no might, He increases strength. Prophet Isaiah declared, saying, “those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.” Isaiah 40: 31.



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